



BEAUTY SPOT TRAINING PROSPECTUS



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Beauty Spot Training Centre

The Beauty Spot is a professionally ran Beauty Salon offering training within our purpose built training suite or a realistic salon environment thus allowing our students to experience treating clients and provide them with a confident start in a Beauty Career.

We are an approved VTCT (Vocational Training Charitable centre), and because of our realistic working salon are able to offer diplomas that are fully recognised within the Beauty industry.

The training provided is from highly experienced lecturers. Courses are run through out the year, usually on a Monday and Wednesday although we may be able to offer alternative days by special arrangement. Class sizes are small and tailored to our learners giving that one to one experience.

Beauty Apprenticeship

We provide Beauty Apprenticeship training for Level 2 and 3. Students attend a training day with us 1 day a week and spend the rest of the week working within a Beauty salon. We have business links with Beauty salons in Kent. This type of training is proving to be an advantage to young therapist as they earn while they learn and they are often offered full time employment at the end of the training. The qualification on completion is with VTCT.

On the following pages is a list of the courses we provide. Prices are subject to change. To book a course or for more information call 01795 534989 or complete an application form and send to 118 West Street, Faversham, Kent ME13 7JB

Email: trina@beautyspotbeauty.com

VTCT Level 2 Beauty Therapy

Start Date	TO BE ARRANGED
Duration	19 days (1 day a week)
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£1900 In addition kit price to be confirmed
Registration Fees	£78.50
ROA Books	£10.00
Pre-requisites	Over 16

Course Includes:

UG31G20	Ensure responsibility for actions to reduce risks to health and safety
UG21G18	Promote additional products or services to customers
UG211G8	Develop and maintain effectiveness at work
UB200B4	Provide facial skin care treatments
UB200B5	Enhance the appearance of eyebrows and eyelashes
UB200B6	Carry out waxing services
UB200N2	Provide manicure services
UB200N3	Provide pedicure services
UB200B8	Provide make up services
UG211G4	Fulfil salon reception duties

The VTCT Level 2 NVQ Diploma in Beauty Therapy General (QCF) is a substantial vocational qualification for learners seeking a career as an employed and/or self-employed beauty therapist.

This qualification is based on the beauty therapy National Occupational Standards (NOS) and is recognised by the UK's leading professional bodies (The British Association of Beauty therapy and Cosmetology (BABTAC) and the Federation of Holistic Therapists (FHT)) as being fit for purpose for preparing learners for a career as a beauty therapist.

VTCT Level 3 *Beauty Therapy General Route - AB30029*

Start Date	TO BE ARRANGED
Duration	20 days (1 day a week)
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£2500 In addition kit price to be confirmed
Registration Fees	£84.50
ROA Books	£8.00
Pre-requisites	Level 2 qualification

Course Includes:

UG31G22	Monitor procedures to safely control work operations
UG31H32	Contribute to planning and implementation of promotional activities
UB30B20	Provide body massage treatments
UB30B13	Provide body electrical treatments
UB30B14	Provide facial electrical treatments
UB30B29	Provide electrical epilation treatments
UB30B28	Provide stone therapy treatments

The VTCT Level 3 NVQ Diploma in Beauty Therapy General (QCF) is a technical level vocational qualification for learners seeking a career as an employed and/or self-employed beauty therapist. This qualification is based on the beauty therapy National Occupational Standards (NOS) and is recognised by the UK's leading professional bodies, The British Association of Beauty therapy and Cosmetology (BABTAC) as being fit for purpose for preparing learners for a career as a beauty therapist.

VTCT Level 3 *Beauty Therapy Massage Route - AB30031*

Start Date	TO BE ARRANGED
Duration	18 days (1 day a week)
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£1900 In addition kit price to be confirmed
Registration Fees	£84.50
ROA Books	£8.00
Pre-requisites	Level 2 qualification

Course Includes:

UG31G22	Monitor procedures to safely control work operations
UG31H32	Contribute to planning and implementation of promotional activities
UG31G11	Contribute to the financial effectiveness of the business
UB30B20	Provide body massage treatments
UB30B23	Provide Indian head massage
UB30B24	Carry out massage using pre blended oils
UB30B28	Provide stone therapy treatments
UB30B25	Provide self tanning services

The VTCT Level 3 NVQ Diploma in Beauty Therapy Massage (QCF) is a technical level vocational qualification for learners seeking a career as an employed and/or self-employed beauty therapist. This qualification is based on the beauty therapy National Occupational Standards (NOS) and is recognised by the UK's leading professional bodies, The British Association of Beauty therapy and Cosmetology (BABTAC) as being fit for purpose for preparing learners for a career as a beauty massage therapist.

Level 2 *Provide Manicure Services UB200N2*

Start Date	TO BE ARRANGED
Duration	2 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£230.00 plus books, uniform and stationery
Registration Fees	£31.00
ROA Books	£3.00
Pre-requisites	Anatomy and Physiology is useful

VTCT Manicure is a single unit recognised as an international qualification. There is a combination of theory and practical skills taught over 2 days. Students will learn how to complete a professional manicure including hand and arm massage and be taught to use different finishes, including French polish. This unit also includes specialised treatments such as warm oil, paraffin wax and hot mitts.

The course will also cover Health and Safety, anatomy, contra-indications. Nail diseases and irregularities, home and after-care advice.

Assessment Assessment will take place on real clients in a salon environment. There will be a gap between learning and assessment so students are able to practice their skills at home before being assessed. Assessment will also be completed through written work, test papers and oral questioning.

Progression On completion, this qualification can be used within the Beauty industry. Ideal for someone who wishes to continue with gel nails or do bridal work.

Level 2 *Provide Pedicure Services UB200N3*

Start Date	TO BE ARRANGED
Duration	2 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£230.00 plus books, uniform and stationery
Registration Fees	£31.00
ROA Books	£3.00
Pre-requisites	Anatomy and Physiology is useful

VTCT Pedicure is a single unit recognised as an international qualification. There is a combination of theory and practical skills taught over 2 days. Students will learn how to complete a professional pedicure including foot and leg massage and be taught to use different finishes, including French polish. This unit also includes specialised treatments such as exfoliants, masks, paraffin wax and hot booties.

The course will also cover Health and Safety, anatomy, contra-indications. Nail diseases and irregularities, home and after-care advice.

Assessment Assessment will take place on real clients in a salon environment. There is usually a gap between learning and assessment so students are able to practice their skills at home before being assessed. Assessment will also be completed through written work, test papers and oral questioning.

Progression On completion, this qualification can be used within the Beauty industry. Ideal for someone who wishes to continue with gel nails or do bridal work.

Level 2 *Provide Waxing Services UB200B6*

Start Date	TO BE ARRANGED
Duration	3 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£350.00 plus books, uniform and stationery
Registration Fees	Price to be confirmed
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology is useful

VTCT Waxing is a single unit recognised as an international qualification. There is a combination of theory and practical skills taught over 3 days. Students will learn how to use hot and warm wax methods on various parts of the body and face.

The course will also cover Health and Safety, anatomy, contra-indications, home and after-care advice.

Assessment Assessment will take place on real clients in a salon environment. There will be a gap between learning and assessment so students are able to practice their skills at home before being assessed. Assessment will also be completed through written work, test papers and oral questioning.

Students will be assessed working on clients on the following areas: Underarms, bikini, legs, eyebrows, lip and chin and will be expected to practice their skill on each other.

Progression On completion, this qualification can be used within the Beauty industry in a salon or as a mobile therapist.

VTCT Level 3 *Intimate Female Waxing UB30B26*

Start Date	TO BE ARRANGED
Duration	2 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£450.00 plus books, uniform and stationery
Registration Fees	£31.00
ROA Books	£2.00
Pre-requisites	Level 2 waxing qualification Over 18 Females only, must be prepared to work on each other

The course offered will provide you with an internationally recognised qualification. Therefore allowing you to obtain insurance to carry out this treatment professionally. a combination of theory and practical work on clients and other student. This course is for qualified and experienced waxing therapists who wish to expand on their skills. You will cover all aspects of intimate waxing including Brazilian, Hollywood and Playboy shaping using warm and hot wax.

Assessment During the course you will have assignments and assessed on paying clients to enable you to cover the ranges required. You will need a range of clients to enable you to practice your skills.

Progression On completion of the Intimate waxing you will be qualified to treat clients in salons, health clubs and as a mobile therapist.

VTCT Level 2 *Provide Facial Skin Care Treatment*

Start Date	TO BE ARRANGED
Duration	4 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£400.00 plus books, uniform and stationery
Registration Fees	Price to be confirmed
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology is useful

VTCT facial can be offered as single unit. The course will provide you with an internationally recognised qualification, therefore allowing you to obtain insurance to carry out this treatment professionally. A combination of theory and practical work on clients and other students.

Assessment During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home to enable you to practice your skills.

Progression On completion of the facial unit you will be qualified to treat clients in salons, health clubs and as a mobile therapist. Ideal for pre bridal or special occasion make up to prepare the skin.

VTCT Level 2 *Provide Make Up Service UB200B8*

Start Date	TO BE ARRANGED
Duration	2 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£250.00 plus books, uniform and stationery
Registration Fees	£31.00
ROA Books	£3.00
Pre-requisites	Anatomy and Physiology is useful

VTCT make up can be offered as single unit. The course will provide you with an internationally recognised qualification, therefore allowing you to obtain insurance to carry out this treatment professionally. A combination of theory and practical work on clients and other students, this course will also cover Health and Safety, anatomy, contra indications and after/home care. Practically this course covers the application of make up for 3 different occasions: day, evening and special occasions and includes correction techniques. Also covered is an introduction to skin care and cleansing.

Assessment During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home to enable you to practice your skills.

Progression On completion of the make up unit you will be qualified to treat clients in salons, health clubs and as a mobile therapist. Ideal for someone who wants to work within the bridal world.

VTCT Level 2 *Enhance the Appearance of Eyebrows and Eyelashes UB200B5*

Start Date	TO BE ARRANGED
Duration	3 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£300.00 plus books, uniform and stationery
Registration Fees	£31.00
ROA Books	£3.00
Pre-requisites	Anatomy and Physiology is useful

The course covers all aspects of enhancing the eye area! Brow shaping and grooming, eyelash tinting, semi permanent flared lash and strip lash extensions.

Assessment During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home to enable you to practice your skills.

Progression On completion of the unit you will be qualified to treat clients in salons, health clubs and as a mobile therapist. Ideal for bridal or special occasion work.

VTCT Level 3 *Single Eyelash Extensions* AB30301

Start Date	TO BE ARRANGED
Duration	2 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£350 in additional kit price (to be confirmed) uniform and stationery
Registration Fees	£31.00
ROA Books	£2.00
Pre-requisites	Level 2 Eye treatments qualification

Now becoming increasingly popular, eyelash extensions offer the client luscious thick and long lasting semi permanent lashes for up to 6 weeks. The tutor will demonstrate how to complete a full set, partial lashes and infill's as well as maintenance and care advice. The course offered will provide you with an internationally recognised qualification, therefore allowing you to obtain insurance to carry out this treatment professionally.

Assessment During the course you will have assignments and assessed to enable to cover the ranges required. You will need a range of clients to enable you to practice your skills.

Progression On completion of the single lash extension you will be qualified to treat clients in salons, health clubs and as a mobile therapist.

VTCT Level 3 *Provide Body Massage UB30B20*

Start Date	TO BE ARRANGED
Duration	6 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£600 plus books, uniform and stationery
Registration Fees	Price to be confirmed
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology is useful

Assessment During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home to enable you to practice your skills and complete any assignments.

Progression On completion of the body massage, you will have all the skills and knowledge to perform massage safely and effectively. Possible paths could include working as a massage therapist in sports clubs, health farms, beauty salons or running your own massage business. You will also be able to enhance your massage career by completing other courses offered at Beauty Spot, such as Hot Stone Therapy.

VTCT Level 3 *Provide Stone Therapy UB30B28*

Start Date	TO BE ARRANGED
Duration	3 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£400 plus books, uniform and stationery
Registration Fees	£56.00
ROA Books	£2.00
Pre-requisites	Body massage

VTCT Hot Stone massage is an ideal addition to offer after completing body massage. The course will cover the history, benefits, contra indications, Health and Safety and home and after care advice.

This beautiful relaxing treatment is fantastic to give. A deep massage that saves the therapists hands and wrists from fatigue. For clients it is wonderful to receive the heat/cold from the stones.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home to enable you to practice your skills and different techniques on a range of different body types and ages and also to complete any assignments required.

Progression

On completion of the stone massage, you will have all the skills and knowledge to perform massage safely and effectively. Possible paths could include working as a massage therapist in sports clubs, health farms, beauty salons or running your own massage business. You will also be able to enhance your business by adding another string to your bow!

VTCT Level 3 *Aromatherapy massage using Pre Blended Oils UB30B24*

Start Date	TO BE ARRANGED
Duration	3 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£400 plus books, uniform and stationery
Registration Fees	Price to be confirmed
ROA Books	£2.00
Pre-requisites	Body massage would be useful along with Anatomy and Physiology

VTCT aromatherapy massage is an internationally recognised qualification. This course will covers recapping of anatomy and physiology, essential oils and their properties, the history and benefits of the treatment, contra indications and actions as well as the physiological and psychological effects and massage techniques and mediums.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home to enable you to practice your skills and different techniques on a range of different body types and ages and also to complete any assignments required.

Progression

On completion of the Aromatherapy massage, you will have all the skills and knowledge to perform this popular massage safely and effectively. Possible paths could include working as an aromatherapist in sports clubs, health farms, beauty salons or running your own massage/Aromatherapy business.

VTCT Level 3 *Indian Head UB30B23*

Start Date	TO BE ARRANGED
Duration	3 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£300 plus books, uniform and stationery
Registration Fees	£31.00
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology

VTCT Indian Head massage is an internationally recognised qualification. This course is delivered as a combination of theory and practical skills to learn this ancient non-invasive treatment. The course covers Contra indications and actions. Benefits and effects, chakras and healing.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home with treatable conditions to enable you to practice your skills on a range of ailments and also to complete any assignments required.

The course is delivered over a 2 week period allowing time for home study and to practice new skills learnt.

Progression

On completion of Indian Head massage, you will have all the skills and knowledge to perform effective treatments and build up a clientèle. Possible paths could include working in hospitals, sports clubs, health farms, beauty salons or running your own business.

VTCT Level 3 *Tanning UB30B25*

Start Date	TO BE ARRANGED
Duration	2 days
Times	9am - 3.45pm
Dress	Professional Salon Wear
Cost	£220 plus books, uniform and stationery
Registration Fees	£31.00
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology

VTCT Tanning qualification is an internationally recognised qualification. This course is delivered as a combination of theory and practical skills to learn the application of spray and manual tanning techniques. The course covers Contra indications and actions, health and Safety and after and home care advice.

Assessment During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT.

Progression On completion of this course, the qualification can be used within a beauty salon, mobile or for bridal work.

VTCT Level 3 *Certificate in Epilation*

Start Date	TO BE ARRANGED
Duration	4 half days
Times	To be arranged
Dress	Professional Salon Wear
Cost	£350 plus kit, books, uniform and stationery
Registration Fees	£56.00
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology

This course is ideal for a therapist who has already completed NVQ Level 3 in Beauty Therapy. A combination of theory and practical. Students will need to supply their own clients.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients in order to practice your skills on.

Progression

Completion of the Epilation course will allow a wider range of treatment for the Beauty Therapist. Also a platform to study other permanent hair removal methods such as laser.

VTCT Level 3 Reflexology

Start Date	TO BE ARRANGED
Duration	6 days
Times	9am-3.45pm
Dress	Professional Salon Wear
Cost	£500 plus books, uniform and stationery
Registration Fees	Price to be confirmed
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology

VTCT reflexology is an internationally recognised qualification. This course is delivered as a combination of theory and practical skills to learn this ancient non-invasive treatment. The course covers Contra indications and actions. Benefits and effects, energy zones, relaxation techniques and healing.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. You will need a range of clients at home with treatable conditions to enable you to practice your skills on a range of ailments and also to complete any assignments required.

Progression

On completion of Reflexology, you will have all the skills and knowledge to perform effective treatments and build up a clientèle. Possible paths could include working in hospitals, sports clubs, health farms, beauty salons or running your own business.

VTCT Level 3 Sports Massage

Start Date	TO BE ARRANGED
Duration	6 days
Times	9am-3.45pm
Dress	Professional comfortable Salon Wear or a tracksuit, polo shirt and trainers
Cost	£600 plus stationery
Registration Fees	Price to be confirmed
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology and Body massage

This course will provide you with an internationally recognised qualification. This course is delivered as a combination of theory and practical skills and is structured to allow home study practice to perfect techniques and allow recommended reading time.

As well as the sports massage the course covers, understanding and advice on joint and muscle function in physical activity, injuries, conditions and advice on post medical sports treatments along with Health and Safety.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. During the course, assessment will take place on clients with presenting problems. Case studies are required to gain experience and a full understanding of treatment.

Progression

On completion of Sports massage, you will have all the skills and knowledge to perform effective treatments. Possible paths could include working in hospitals, sports clubs, health centres and gyms. Great addition to the qualifications of a personal trainer.

VTCT Level 3 *Artificial Nails*

Start Date	TO BE ARRANGED
Duration	3 days
Times	9am-3.45pm
Dress	Professional Salon Wear
Cost	£400 plus additional kit cost, uniform and stationery
Registration Fees	£49.00
ROA Books	To be confirmed
Pre-requisites	Manicure

VTCT is an internationally recognised qualification. This course is ideal as a platform upon which a manicurist can build their skills. Delivered as a combination of theory and practical skills, the course covers aspects of both gel and acrylic nails along with health and safety, consultation, contra indications and actions.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. The course is designed to have a gap after the first week of input to allow students to practice their skills and perfect techniques before assessment. This is then followed by another gap to allow for the completion of case studies. Case study clients are brought into the salon to evidence infills on a full set of previously applied nails.

Progression

On completion of this course students are able to become mobile nail technicians and work within a beauty salon. A good qualification for those interested in bridal work.

VTCT *Thermal Auricular Therapy*

Start Date	TO BE ARRANGED
Duration	2 days and home study
Times	9am-3.45pm
Dress	N/A
Cost	£200 plus stationery
Registration Fees	Price to be confirmed
ROA Books	£2.00
Pre-requisites	Anatomy and Physiology

VTCT Thermal Auricular Therapy is an internationally recognised qualification otherwise known as HOPI Candles.

This wonderfully relaxing treatment helps to clear ears and aid tension headaches and sinus problems. The course covers Health and Safety, history of the treatment, psychological benefits of the candles. Preparation of the treatment area, client consultation and procedure.

Assessment

During the course you will have written work, test papers and oral questions. Assessment will take place on real clients to enable you to cover the ranges required by VTCT. Students will observe a treatment and practice on each other. Case studies will be required between study dates.

Progression

On completion of Thermal Auricular Therapy, you will have all the skills and knowledge to perform effective treatments and build up a clientèle. Possible paths could include working in hospitals, sports clubs, health farms, beauty salons or running your own business.

